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Fight Against Malnutrition

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Nestlé Health Science (NHS) is a global health science company proposing "nutrition therapy" that comprehensively supports health by drawing out the "power of nutrition" to customers and medical professionals. Recently, NHS Japan is starting a new initiative to "Fight Against Malnutrition".

Malnutrition of the elderly is one of the biggest social issues which is raising medical and care costs in Japan. It is important to identify elderly at home who are malnourished or at risk of malnutrition and to start nutrition intervention to prevent disease and improve QOL as early as possible.

NHS Japan is addressing this social issue by developing Mini Nutritional Assessment (MNA), an easy assessment tool for malnutrition, and by introducing Oral Nutritional Supplement which allows the elderly to take high calories including protein and other nutrients easily in a small volume. Moreover, NHS Japan has launched Mobile/Web App. of MNA (MNS Plus) in 2021 which enables elderly or care-givers to evaluate the risk of malnutrition easily. In 2022, NHS Japan is actively working with Hyogo Prefecture to identify elderly who are malnourished or at risk of malnutrition in community and introduce them to required medical or care services.